REFUGEE
activity guide
A refugee is a person who has been forced to leave his or her home and country in order to escape violence or persecution. Refugees are ordinary people – just like you and me. They didn’t want to leave their homes and their countries, but it wasn’t safe for them to stay. Complete this guide to learn a little more about life as a refugee.
what would you bring with you?

Some refugees leave home with only the clothes on their backs. Others are able to bring a few possessions, but they cannot carry all of their belongings with them. Imagine that you are a refugee and can only bring one small suitcase with you. What would you pack? Write or draw the items in the suitcase below.
Munni, 8, jumps rope with her friends in the Ukhia settlement in Bangladesh. © Lynsey Addario
Children can always find ways to play and have fun – even when they don’t have toys and games.

Look at the list below – which activities can you do alone, which can you do with friends, and which can you do either alone or with friends? Write the activity in the appropriate area.

- TAG
- HIDE & SEEK
- PLAYING PRETEND
- JUMP ROPE
- HOPSCOTCH
- DRAWING
- TIC TAC TOE
- READING
- I SPY
- COLORING

WITH FRIENDS

ONLY

OTH
Because they had to leave some or all of their belongings behind, refugees often need school or medical supplies when they reach a safe destination. Imagine that you are putting together a school kit and a medical kit to help a refugee family. What items would you include?

**School Kit**

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**Health Kit**

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World Refugee Day: Each year on June 20th the United Nations and UNHCR, the UN Refugee Agency, celebrate World Refugee Day. Events are held worldwide to raise awareness of refugees and to commemorate their strength and resilience.

Refugee Olympic Athletes: As a message of hope to refugees, the 2016 Summer Olympics in Rio will include a team of refugees from countries from around the world. The refugees will compete under the International Olympic Committee flag from August 5 to August 21.

Create your own flag to raise awareness of refugees below.